



# Camp Fire

## CAMP KIRBY

Camp Fire Samish & Camp Kirby

2022 COVID-19 Handbook

Day Camps



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Dear Camp Kirby Families,

We are very excited to welcome campers to Camp Kirby once again this summer. After safely running seven weeks of Camp in 2021, we feel confident that we can do so again this year. **While creating our policies for this summer, we looked at a variety of resources, including:**

- *Requirements and Guidance to Mitigate COVID-19 Transmission in K-12 Schools, Child Care, Early Learning, Youth Development, and Day Camp Programs* from the Washington State Department of Health
- The American Camp Association (ACA) Field Guide for Camps
- CDC Toolkit for Summer Camps

Our number one goal is to keep Camp healthy once again this summer. This handbook has been designed to give you an idea of what camp will look like this summer. Some things will look similar to last summer, while others may look closer to pre-pandemic summers. These changes have all been made to ensure the health and safety of our camp community.

**In this handbook you will find:**

- Pre-camp requirements and recommendations for both campers and staff
- Camp Kirby's COVID Plan
- What Camp will look like this summer, and preparing your camper

As you review this information, please reach out if you have any questions, concerns, or suggestions. Thank you again for entrusting us with your campers. We are eagerly anticipating the upcoming summer season, and can't wait to provide a safe and fun camp experience for your campers.



Kathryn "KitKat" Deshaies  
Camp Kirby Camp Director

# Policies, Procedures, and NPIs

Our policies for this year will be based on current [Covid-19 Community Levels](#) as identified by the CDC. Different interventions will be put in place if the community transmission level changes between low, medium, or high. The policies outlined in this guide are our current policies, as our current community level is **LOW**. If our community levels rise, additional interventions (such as cohorts) will be implemented.

## Stay home when sick

Both staff and campers are required to stay home if they feel unwell, or show any signs of COVID-19.

## Vaccines and Testing

It is **recommended** by the Washington State Department of Health and CDC that all eligible campers and staff are up to date, including any appropriate boosters, on COVID-19 vaccinations prior to the start of their camp session. Vaccinations are not required to attend camp. It is also **recommended** that campers receive a negative COVID test no more than three days prior to the start of their camp session.

## Pre-Camp Screening

We ask that you monitor your camper's wellness in the days leading up to camp, and during their camp session. If any symptoms, or exposure to confirmed positive COVID cases occur, please notify us as soon as possible.

Examples of symptoms to screen your child/youth for:

- A cough
- Shortness of breath or difficulty breathing
- A fever of 100.4°F or higher or a sense of having a fever
- A sore throat
- Chills
- New loss of taste or smell
- Muscle or body aches
- Nausea/vomiting/diarrhea
- Congestion/running nose – not related to seasonal allergies
- Unusual fatigue

Additional questions:

- Does anyone in your household have any of the above symptoms?
- Has your child/youth been in close contact with anyone with suspected or confirmed COVID-19?

## **Masks**

Facial Coverings will be optional during much of our time at Camp this summer if COVID-19 Community Levels are low. There will be certain times and situations where they are required, **so we do ask that campers bring masks with them to camp.** Anyone will be welcome to wear a mask at any time, and their decision will be respected by others. Masks will be required when large groups are gathering indoors, in our Health House, and during certain all-camp activities. If Community Levels rise, masks will be required in more situations (similar to our policies in 2021).

## **Hand Hygiene**

We already put a focus on hand-washing, but we will do so even more this year. Hand-washing will be required after using the bathroom, before and after meals, and between activities. In addition to sinks found in bathrooms around Camp, we have also purchased multiple stand-alone handwashing sinks. Hand sanitizer will also be readily available.

# **COVID Safety Plans**

## **Medical Staff**

As we do every year, Camp Kirby will have at least one RN on site while camp is in session. We also have a local pediatrician who signs off on all of our medical policies and procedures. Additionally, all staff who directly supervise children will be trained in adult and pediatric CPR & First Aid.

## **Situations requiring medical attention**

See COVID-19 Response Addendum

## **The event of COVID-19 symptoms and/or a positive case**

See COVID-19 Response Addendum

## **The event of an outbreak**

See COVID-19 Response Addendum

# COVID-19 Response Addendum

## RESPONSE FOR SUSPECTED & CONFIRMED CASES

	<b>DAY CAMP CAMPERS</b>	<b>OVERNIGHT CAMPERS &amp; ALL STAFF</b>	<b>CLOSE CONTACTS</b>	<b>OTHER CAMPERS, STAFF, &amp; FAMILIES</b>
<p><b>NON-COVID ILLNESS &lt; 24 HOURS</b> Individual has non-COVID symptoms, or only 1 COVID symptom that lasts for less than 24 hours with no known exposure</p>	<ul style="list-style-type: none"> <li>• Must stay home</li> <li>• May return if symptoms resolve within 24 hours</li> </ul>	<ul style="list-style-type: none"> <li>• Remain in health house and monitor symptoms</li> <li>• May return to activities if symptoms resolve within 24 hours</li> <li>• Parents notified</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for symptoms</li> </ul>	
<p><b>NON-COVID ILLNESS &gt; 24 HOURS</b> Individual has non-COVID symptoms that last for 24 hours or more with no known exposure to COVID-19</p>	<ul style="list-style-type: none"> <li>• Must stay home</li> <li>• May return when individual is symptom-free for 24 hours</li> </ul>	<ul style="list-style-type: none"> <li>• Remain in health house and monitor symptoms</li> <li>• If symptoms not resolved in 24 hours, must go home*</li> <li>• Remain isolated until pick-up</li> <li>• May return if symptom-free for 24 hours</li> </ul>	<ul style="list-style-type: none"> <li>• Monitor for symptoms</li> </ul>	

	<b>DAY CAMP CAMPERS</b>	<b>OVERNIGHT CAMPERS &amp; ALL STAFF</b>	<b>CLOSE CONTACTS</b>	<b>OTHER CAMPERS, STAFF, &amp; FAMILIES</b>
<p><b>COVID SYMPTOMS OR CONFIRMED POSITIVE</b> Individual has symptoms of COVID-19 or has tested positive</p>	<ul style="list-style-type: none"> <li>• Must stay home or isolate until pick-up</li> <li>• Trace close contacts</li> <li>• Rapid test at camp if possible</li> <li>• Contact health care provider about PCR testing</li> <li>• See notes below about return after illness</li> <li>• <b>Public Health must be notified</b></li> </ul>	<ul style="list-style-type: none"> <li>• Must go home*</li> <li>• Isolate until pick-up</li> <li>• Trace close contacts</li> <li>• Rapid test at camp if possible</li> <li>• See notes about return after illness</li> <li>• <b>Public Health must be notified</b></li> </ul>	<ul style="list-style-type: none"> <li>• Notified (maintain confidentiality)</li> <li>• Close contacts must go home</li> <li>• Staff without local home may stay at camp in quarantine</li> <li>• Follow Public Health guidelines for quarantine and testing</li> <li>• See notes about return after exposure</li> </ul>	<ul style="list-style-type: none"> <li>• Notified (maintain confidentiality)</li> <li>• Provide COVID Fact Sheet</li> </ul>
<p><b>EXPOSURE TO CONFIRMED POSITIVE</b> Individual has a known exposure to someone confirmed to have COVID-19 (see definition of close contact) <i>Applies even for those who are vaccinated</i></p>	<ul style="list-style-type: none"> <li>• Must stay home</li> <li>• Follow Public Health guidelines for quarantine &amp; testing</li> <li>• See notes about return after exposure</li> </ul>	<ul style="list-style-type: none"> <li>• Must go home*</li> <li>• Isolate in health house until pick-up</li> <li>• Follow Public Health guidelines for quarantine and testing</li> <li>• See notes about return after exposure</li> </ul>	<ul style="list-style-type: none"> <li>• Notified if the individual tests positive (maintain confidentiality)</li> </ul>	<ul style="list-style-type: none"> <li>• Notified if the individual tests positive (maintain confidentiality)</li> </ul>

\*Staff without local home may stay at camp in isolation until recovered

**Close Contact Definition:**

- An individual within 6 feet of a person who has been confirmed positive for COVID-19 for a combined total of 15 minutes over a 24-hour period. Close contact also occurs if someone coughs on, kisses, or shares utensils with the individual or if they come into contact with the individual's body fluids.

**What to do if you are exposed to someone confirmed to have COVID-19:**

- Get tested for COVID-19: Recommended testing is at least 5-7 days after exposure, or if symptoms develop.
- Quarantine: Close contacts of confirmed cases should remain away from others and watch for symptoms. At least 10 days of quarantine is recommended.
- If no symptoms develop, the individual may return to camp. A negative test is required to return to camp; the test must be a minimum of 5 days after the exposure.

**Returning to camp after COVID-19:**

- A person who tested positive for COVID-19 (confirmed case) may return when it has been:
  - 10 days since symptoms began
  - AND at least 24 hours fever-free (without fever-reducing medication)
  - AND symptoms have improved
  - AND a health care provider gives a written note stating that the individual may safely return
- A person who tests positive, but never developed symptoms, may return when it has been at least 10 days since they first tested positive.
- A person who had COVID-19 symptoms but who tested negative may return when it has been:
  - At least 24 hours fever-free (without fever-reducing medications)
  - AND symptoms have improved
  - AND documentation of the negative test result has been provided

**Public Health - Skagit County Public Health**

Confirmed or suspected cases of COVID-19 at Camp must be reported to Skagit County Public Health. Report by calling Dale Patrick at 360-416-1558.

**Program Closure**

Camp Kirby will close our programs if multiple positive cases arise in separate groups or cohorts, or if advised by Skagit County Public Health.